# NEWSLETTER 



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SONNY, CAN YOU SPARE SOME CHANGE?

- DAYANA YOCHIM

College kids, stranded travelers, and Sex and the City stars aren't the only people who consider a credit card their lifeline. The silver-haired set is relying on plastic more than ever before.
A decade ago, just $18 \%$ of Americans older than 65 carried an outstanding balance on a credit card. Today, nearly one-third of all card-carrying seniors carry unpaid balances month to month.
Oh, but that's not all. Credit card debt is behind an alarming trend highlighted in 2004 by Demos (pdf available for download), a nonpartisan public-policy group in New York City. It found that bankruptcy among senior citizens has increased $217 \%$ in the past decade.
Though their debt levels lag the junior set's, the amount of money the elderly borrow is creeping upwards. The average credit card debt of those 65 and older was about \$4,000 (in 2001) - an $89 \%$ increase since 1992. Those headed into retirement

- ages 55 to 64 - and carrying credit card debt reported that almost one-third of their family income went to debt payments.
It's not keggers or kicky Prada pumps driving Grams and Gramps into debt. Necessities such as prescription drugs and groceries - and even doling out money to struggling relatives - are behind the rising rate of debt among the elderly. With health-care costs on the rise and interest rates on income-preserving investments such as CDs stalled, items that were once well within their fixed-income budget have become unaffordable. The picture doesn't get any clearer as the aging population lives longer, outliving their retirement savings.
Here are five ways to control debt - now and in the future:

Play by the same rules you preached to your kids: You may

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## FEDERAL STUDENT LOANS VS. PRIVATE STUDENT LOANS

These days, there are very few students who can afford to pay for college without some form of education financing. Two-thirds of undergraduate students have some debt, and $88 \%$ of law students need to borrow to finance their education. Law school students may graduate with an average of $\$ 80,000$ in student loans. Typically, law school students have acquired both federal and private debt, but what are the differences between these types of loans? And is one better than the other? Read on for an explanation of both categories of student loans.
Many students rely on federal student loans to help finance their education. The most common federal loan is a Stafford Loan. These may be issued directly from the government to the student, or they may be issued by a private lender, such as a bank or credit union, belonging
to the Federal Family Education Loan Program (FFELP). Either way, these loans are guaranteed against default by the federal government.
Something else to remember about Stafford Loans is they may be subsidized or unsubsidized. If you are eligible for a subsidized Stafford Loan, the government will pay the interest while you are in school. Subsidized Stafford Loans are generally given to students who can demonstrate financial need. If you receive an unsubsidized Stafford Loan, you will be responsible for paying all of the interest, although you may have the payments deferred until after graduation. If you choose to defer paying the interest until after graduation, the interest will be capitalized, or added to the loan amount. To qualify for an unsubsidized Stafford Loan, you do not need to demonstrate financial need.

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Federal Student Loans vs. Private countinued from page 1
The amount of your Stafford Loan will vary depending on your year in school. However, graduate students may borrow up to $\$ 18,500$ each year (with $\$ 8,500$ being subsidized) with a combined limit for graduate and undergraduate federal loans of $\$ 65,500$ for dependent students. If you are an independent student, the cumulative limit you may borrow is $\$ 138,500$ for your graduate and undergraduate studies.
Stafford Loans have variable interest rates, based on the 91day T-bill, and this interest rate is adjusted each year on July 1. Stafford Loans have an interest rate cap of $8.25 \%$. All lenders offer the same base rate for Stafford loans because the interest rate is pre-determined by the government, although many lenders offer payment incentives and/or discounts to help you reduce your interest rate further. Another benefit of federal loans is you may lock in a fixed interest rate if you choose to consolidate your federal student loans. That way, you will not be affected by adjustments in the interest rate each year.
Students who use Stafford Loans to finance their education will also enjoy a six-month grace period before they begin repaying their loans. The grace period starts upon graduation or any time the student's enrollment status drops to below half-time. During this grace period, no payments for interest or principal are required. Additionally, in times of financial difficulty, students may be able to defer their payments or apply for a period of forbearance until their situation improves. Federal loans generally qualify for up to two years of forbearance over the life of the loan.

Private student loans have many differences from federal student loans. However, if used properly, they may also be effective tools for education funding. Private education loans are issued by lenders such as banks and credit unions. They are regulated by the federal government, but there are no guarantees against default.
The main difference between federal loans and private loans is that private loans are credit-based. This means that your eligibility is determined by your credit rating. Requirements

Sonny, Can You Spare Some Change? countinued from page 1 have gotten your JPMorgan Chase (NYSE: JPM) Rewards Visa through your AARP membership, and Junior's MBNA card might be emblazoned with Penn State's logo, but the laws of staying out of debt apply to you both: Spend less money than you bring in. If you must carry a balance, negotiate a lower interest rate with your lender, or find a better deal. Lay out a plan to pay off your debts (our free Get Out of Debt Guide can help).
Plan a cash landing: Staying out of trouble means planning how you'll pay for it. A little math today -
do vary by lender, but most private lenders will allow you to use a cosigner, or co-borrower, to qualify for a private loan. Furthermore, private lenders may require proof of income from the student or a cosigner before the student is approved for a loan.
The amount you may receive from a private lender also varies. Oftentimes, the loan amount is based on an amount set by your school. However, some private lenders set their own limits and allow students to use the funds for whatever financial needs the student may have. This includes housing, transportation, purchasing a computer, tuition, etc.

Another difference between federal and private student loans is in interest rates. Generally, private loans will have a higher interest rate than federal loans, and the interest rate for private loans will always be variable, even after consolidation. Also, the student's (or cosigner's) credit score may have an effect on the interest rate. Many private lenders start at a prime interest rate and then add a margin depending on the credit score. If the borrower does not have good credit, the interest rate will be higher.

Repayment plans also differ by lender for private loans. However, private lenders may not offer benefits such as forbearance or deferment in times of financial hardship. They also may not offer a grace period, and some private lenders require that the interest payments be made while the student is in school, although most lenders have repayment options to allow deferment of the principal until the student graduates. Also, like federal loans, the repayment term is often 10 or more years for private education loans.

If you are a student, plan to become a student, or are a parent of a student, it is important for you to understand your education-funding options. Private and federal loans may be effectively used in combination to fill in the financial gaps. Regardless of the type of loan you use, remember that it is not free money and it must be repaid. Choose your lender carefully, and weigh your options. After all, you will likely be repaying your education loans for many years to come.
here's help - will help you determine what tomorrow's costs will be. It's also about avoiding the deadly sins of retirement, like overpaying Uncle Sam or overspending your savings too early in post-work life. Here are nine retirement killers and how to avoid them.
Panic now if you need to: If you find your savings lagging, it might be time to activate a Retirement Panic Plan - the triple helping of increased savings, return, and income. For those whose income-earning years are but a fuzzy memory, it can be hard to find ways to cut back - or earn more. Which leads us to ...

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America's Top Law Schoot Lender

Make your biggest asset (your home) work harder: The temptations of borrowing are ripe - especially if you own your home and have a good, long-standing credit history. Reverse mortgages are one way for retirees to keep their nest and turn it into a nest egg. (Fannie Mae (NYSE: FNM) named (and trademarked) its reversemortgage product the "Home Keeper Mortgage.") Here are six other ways to make the most of your home in your golden years.

Don't let debt ruin your golden years. Plan properly
for the future with smart investments and savvy money moves. Get a free issue of our Motley Fool Rule Your Retirement newsletter and see what the future holds.

Dayana Yochim owns stock in none of the companies mentioned in this article, though she does carry a Foolemblazoned card issued by MBNA.

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[^0]:    Although the market for student loan services is extremely broad, our company has chosen to focus on one elite niche: We cater to the particular needs of law students and graduates. On average, a juris doctorate student will have around \$100,000 in student loans by the time he or she graduates - a much larger amount than many other kinds of graduate students. A J.D. will also often have questions that only someone with a legal background would think to ask. Established and run by attorneys, Law School Loans is prepared to fulfill the needs of law school graduates at every level. We invite you to visit us at www.LawSchoolLoans.com.

